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You Can Have What You Want: Proven Strategies For Inner And Outer Success

YOU CAN HAVE WHAT YOU WANT



**Proven Strategies for
Inner and Outer Success**

MICHAEL NEILL



Synopsis

This is a book that can change your life for the better as youâ™re reading it! Inside, youâ™ll find all the tools you need to get anything you want out of life. For the past 15 years, Michael Neill has been a coach, friend, mentor, and creative sparkplug to celebrities, CEOs, royalty, and people who just want more out of their lives. In this friendly and practical guide, Michael uses the techniques that have already helped thousands of people to create seemingly effortless success, transform your relationships, finances, and health, experience happiness every day, regardless of your circumstances, and live an inspired (and inspiring) life. So start reading . . . and get everything you want out of life!

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Customer Reviews

I first read this book in the UK edition and it changed my life. I'm a hyper-rational, Harvard MBA who's built a life around planning, thought, and careful analysis. While it worked great for managing projects, my approach just hadn't produced a life I was enjoying. Michael balances psychology, spirit, and pragmatics. I usually avoid this kind of book as being unbearably fluffy, but Michael has a knack of taking a deeply pragmatic approach that makes his points quite tangible. The book covers a

huge amount of territory, from attitudes and mindset to tactics, learning, and relationships. Some of his advice is fairly standard, but some is new, and all is presented in a conversational way that makes it possible for me to "get it" in a way I haven't, before. Pre-book, I was an executive coach, consultant, and ex-entrepreneur, doing all the "right things" to make my business fly. Great credentials, lots of experience, yada yada yada. But was I looking forward to my life each day? Nope. Not really. Much of what Michael says made me realize I've never questioned my own rules for living; he's great at challenging underlying beliefs. When he discusses self-esteem, for example, he points out that there's no reason to believe your opinion of yourself is even accurate. So why sweat it? (You may be right, you may be wrong, but it doesn't matter. Believe in yourself for no good reason, and you'll still have a happier life.) Goals? They should be immutable and a tool for utter focus, right? Sure, says Michael. And feel free to change them the moment they're no longer bringing you joy. Heresy to an uber-goal-directed-person like me. Planning, the raison d'être for MBAs? Sure, think about the future, but don't overdo it.

If I could give this book a 10, I would. It's simply that fabulous! The author has written the content in a very engaging and provocative manner; and, he also includes many tips and techniques to help readers move from theory to practice. I plan on re-reading this wonderful book several times; just to make sure I haven't missed anything. To give you an idea of how Neill engages his readers, by the time I got to the second chapter, titled "The Power of WOW!" I was so moved that I began contacting all of my family and friends. I fired up my e-mail, sent my loved ones a link to , and I told them that they simply had to read this fabulous book. The second chapter opens with the ecumenical parable below. I think it applies to any goal a person may set and/or desire; but, I'll let you make your own

interpretation!=====

A Room in Heaven One day a human went to Heaven in the way that humans do. Upon arrival, the human was greeted by a host of angels and given a tour of all of Heaven's wonders. Over the course of the tour, the human noticed that there was one room the angels quickly glided past each time they approached it. "What's in that room?" the human asked. The angels looked at each other as if they've been dreading the question. Finally, one of them stepped forward and said kindly, "We're not allowed to keep you out, but please believe us--you don't want to go in there!" The human's mind raced at the thought of what might be contained in that room. What could be so horrible if that all the angels of Heaven would want to hide it away?

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